



GPRA ONLINE EXAM RESOURCES CLINICAL CASES

CASE TYPE:

Short Case – 8 minutes

NAME:

Martha May

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SECTION A: This information is given to the candidate

INSTRUCTIONS TO CANDIDATES

STANDARD INSTRUCTIONS:

Delete whichever do not apply to your case.

- This is an 8 minute station.
- This consultation takes place in a single session.

ADDITIONAL / OPTIONAL INSTRUCTIONS

Delete whichever do not apply to your case, OR CREATE a new instruction.

- Take an appropriate history from the patient. / no further history is required to be taken
- Manage the significant elements of this case.
- The examiner will ask you several questions about this case and related matters.

SECTION A: This information is given to the candidate

SCENARIO : *(Brief outline of clinical case; age, name, presentation)*

Kylie May, has come to you asking for a 'conscientious objector' immunisation exemption form for her 2 month old baby, Martha, so that she is still able to get her into daycare.

Kylie says she has 'looked into the immunisation issue', and doesn't want Martha to be immunized.

A copy of the patient record summary sheet is attached. *(Provide the history the candidate should have to read before commencing the consult)*

FULL SUMMARY

Patient Details

Name: Martha May

D.O.B.: 2 months(Age)

Allergies:

Social History

Family History

Cousin with learning difficulties

Current Medications

Immunisations

Did not have newborn Hep B vaccine due to mother declining consent

Past Medical History

Drug and Alcohol

SECTION B: This information is given to the patient role player/examiner

THE STORY IN DETAIL

You are 27 year old first time mother of Martha, 2 months.

You are interested in environmental issues, prefer to use organic food if you can. While you were pregnant, you heard a few things from friends about the possible dangers of immunisation.

You then looked up a few anti-immunisation sites on the internet, and were alarmed to discover that some immunisations are claimed to cause brain damage, and that they contain mercury.

Your sister has a son with moderate learning difficulties, and you don't want to do anything to Martha that might risk her health or intellect. Besides, 'We got all these things when we were younger, and it didn't do us any harm. I reckon it probably makes our immune systems stronger. And she probably won't even get them, even if she isn't immunised.'

If you feel the candidate is unsympathetic to your concerns or patronising, then you become more defensive and angry, and will refuse to come back and see this doctor.

If you feel your concerns are addressed clearly, and in a sympathetic manner, then you will agree to think over the issue from the medical perspective, and agree to come back for a follow up/take some information sheets etc (depending what the candidate offers)

NOTES TO EXAMINERS

Suggested Cues/prompts if candidate requires assistance:

Additional HISTORY

If the same as the Summary already given to candidate, note "As above".

If there is additional information for the role player that must be elicited by the candidate, note below in green text

Past Medical History

Family History

Cigarettes

Alcohol

Other Drugs

Medications

Allergies

Immunisations

Nutrition

**SECTION B: This information is given to the patient role
player/examiner**

SYSTEMS REVIEW *(Delete those not relevant)*

n/a ; healthy baby with no obvious developmental or health issues.

SECTION B: This information is given to the patient role player/examiner

PHYSICAL EXAMINATION

Not required.

1/These clinical findings are available on a separate sheet that is to be handed to candidates when they ask for any physical examination findings.

2/All other physical findings are normal.

3/Candidates are to ask for specific examination findings. *(List all appropriate findings, delete those not used)*

General Appearance			
Weight	Height	BMI	Temp °C
BP	Pulse	RespRate /min	
Cardiovascular			
Respiratory			
Ear, Nose & Throat			
Abdomen/PR			
Breasts			
Pap/PV			
Musculoskeletal			
Nervous System			
Skin <i>(Attach picture if appropriate)</i>			
Thyroid			
Lymph Nodes			
Other			

**SECTION B: This information is given to the patient role
player/examiner**

INVESTIGATIONS

Nil required

SECTION C: This information is given to the examiner/facilitator

Listed below are the key issues to be covered in this case. *(The facilitator/examiner can “tick” these as covered during the consult)*

Specific Questions Candidate should ask *(List in note form questions)*

- The candidate should ascertain what specific fears/concerns the patient has about immunisation, and the source of this information
- The candidate should be aware of the major risks associated with immunisation, and the major myths about immunisation, or at least where to access this information.

Appropriate management and explanation:

- The candidate should clearly and sympathetically allay any misconceptions about immunisation the mother has – they should emphasise the risks associated with contracting the illnesses and compare these to the known risks of immunisations.
- If the candidate is unaware of the ‘thimersol’ issue, they should provide accurate advice about what they do know
- If they are happy the patient is aware of the risks of not immunising, and still declines consent, they may agree to provide the conscientious objector form.
- They should try to offer appropriate followup/other information.

■

This checklist below is a guide to Key Features used by Examiners to assist in clinical case ratings. The lists are not intended to be prescriptive or exhaustive and do not form part of the marking. *(Please place an asterisk next to the Clinical Case Rating Key Features that are most relevant to this case).*

On completion of the case, the candidate/examiner/group may wish to score themselves as part of a feedback process.

Place a cross (X) along each line according to the candidate's performance on that item.

CLINICAL CASE RATINGS KEY FEATURES CHECKLIST

(*) key feature relevant to this case

Inadequately Covered
1

Covered Well
10

1	*	● Communication and Rapport	
2		● Inter-professional Communication	
3		● History taking	
4		● Physical examination	
5		● History and Physical Examination	
6		● Physical Examination Technique	
7		● Physical Examination Findings	
8		● Investigations	
9		● Diagnosis	
10	*	● Problem Definition	
11		● Medical Knowledge	
12	*	● Public Health Issues	
13	*	● Management	
14		● Procedural Skills	
15		● Ethical and Medico Legal Issues	
16		● Critical Appraisal Skills	
17		●	
			Frequently
18	*	● Prompting Required	Not at all

Key Features Clinical Case Rating Descriptions

Remove those not used

1. Communication and Rapport

Rate the candidate on their ability to establish rapport and to communicate effectively with the patient in a pleasant, clear and logical manner using appropriate communication skills and language.

10. Problem Definition

Rate the candidate on their ability to identify, define and prioritise the physical, psychological and social issues involved for the patient, the family and the community.

12. Public Health Issues

Rate the candidate's awareness of, and ability to deal with, the public health and social issues raised by this case.

13. Management

Rate the candidate on their ability to manage the issues raised in this case, both now and in the future. Candidates should offer effective explanations, education and choices to patients, and involve the patient, family and relevant community resources in their immediate and on going management plans. Candidates should demonstrate responsibility for the immediate and ongoing management of the patient.

18. Prompting

To what extent was prompting/probing necessary to assist the candidate?

The 6 categories are: Almost continuously (cross on far left), very frequently, frequently, occasionally, minimally, not at all (cross on far right).

References and Study Notes:

List any useful references relevant to this case

Immunisation – Myths & Realities. Repsonding to arguments against immunisation. 3rd ed.
http://www.immunise.health.gov.au/myths_2.pdf

Australian Immunisation Handbook, 8th ed. <http://www.immunise.health.gov.au/handbook.htm>