



GPRA ONLINE EXAM RESOURCES CLINICAL CASES

CASE TYPE:

Short Case – 8 minutes

NAME:

Bruce Moose

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SECTION A: This information is given to the candidate

INSTRUCTIONS TO CANDIDATES

STANDARD INSTRUCTIONS:

- This is an 8 minute station.
- Read the following scenario.
- This consultation takes place in a single session.

ADDITIONAL / OPTIONAL INSTRUCTIONS

- Take an appropriate history from the patient.
- Conduct an appropriate physical examination of the patient and tell the observing examiner your findings as you go. Remember to include all positive findings and relevant negative findings. You will be given a photograph of the relevant skin lesion.
- Discuss the diagnostic possibilities with the patient and suggest appropriate management.

SECTION A: This information is given to the candidate

SCENARIO :

Bruce aged 60 yrs comes in for a skin check.

A copy of the patient record summary sheet is attached.

FULL SUMMARY

Patient Details

Name:	Bruce Moose
D.O.B./Age:	60 yrs
Cigarettes	1 packet/day
Alcohol	4 beers/day
Other Drugs	nil
Medications	Perindopril 4 mg od
Allergies	nil
Immunisations	ADT 2 yrs ago
Social History	Occupation: farmer

SECTION B: This information is given to the patient role player/examiner

THE STORY IN DETAIL

Information to be freely given:

Bruce is a 60 yrs old farmer. He has come in for his annual skin check. His wife wanted him to mention a particular “mole” on his right forearm. She hadn’t noticed it before. Bruce says that it’s a new one and sometimes it gets itchy. It doesn’t bleed. He thinks it may be growing. He had a many “sun spots” removed over the years. He now wears a wide brimmed hat and long shirts, and when his wife reminds him he puts on some sun screen. Years ago, however, he didn’t know about the dangers of the sun.

Information only to be given with appropriate enquiry from the candidate:

He doesn’t have any dermatological conditions . No family history of melanoma.

NOTES TO EXAMINERS

Suggested Cues/prompts if candidate requires assistance:

Additional HISTORY

Past Medical History 10 yrs ago SCC on right forearm
Hypertension

Family History no history of melanoma



SECTION B: This information is given to the patient role player/examiner

PHYSICAL EXAMINATION

All other physical findings are normal.

Candidates are to describe how they would perform a complete dermatological examination. Candidates should then be shown the picture and describe the lesion to the examiner.

Candidate should ask to measure lesion = 8mm

<i>General Appearance</i>	Obviously sun damaged skin. Solar keratoses on dorsal hands, face and ears. No changes on feet
<i>Skin (See picture)</i>	R forearm lesion – see picture
Lymph Nodes	nad

SECTION C: This information is given to the examiner/facilitator

Listed below are the key issues to be covered in this case. *(The facilitator/examiner can “tick” these as covered during the consult)*

Specific Questions Candidate should ask

Occupation
Previous cancer
FHx melanoma
Sun exposure/prevention
Lesions of concern
Specific Hx of skin lesion

Arrange follow up

Diagnosis: This is a squamous cell carcinoma

Differential Diagnosis:

BCC
Seborrheic keratosis
Solar keratosis
Amelanotic melanoma
Cutaneous horn
Keratoacanthoma

Candidate to describe lesion: eg (ABCD's)

Asymmetry of shape **B**order **C**olor **D**iameter **E**nlargement: gradual increase in size and **e**levation

Or

Site **S**ize **S**urface

Colour **C**ontour **C**onsistency

Temperature **T**eathering **T**exture (feel it ? rough ?smooth) **T**ransillumination

Regional lymph nodes

Appropriate management and explanation:

Surgical excision for SCC

Chemotherapy – 5 fluorouracil/imiquimod and/or Cryotherapy for solar keratoses. Discuss freeze-thaw cycle

Follow up

Sun safety

Any other preventative advice

This checklist below is a guide to Key Features used by Examiners to assist in clinical case ratings. The lists are not intended to be prescriptive or exhaustive and do not form part of the marking. *(Please place an asterisk next to the Clinical Case Rating Key Features that are most relevant to this case).*

On completion of the case, the candidate/examiner/group may wish to score themselves as part of a feedback process.

Place a cross (X) along each line according to the candidate's performance on that item.

CLINICAL CASE RATINGS KEY FEATURES CHECKLIST

(*) key feature relevant to this case

Inadequately Covered
1

Covered Well
10

1		● Communication and Rapport	-----
2	*	● Inter-professional Communication	-----
3	*	● History taking	-----
4	*	● Physical examination	-----
5		● History and Physical Examination	-----
6		● Physical Examination Technique	-----
7		● Physical Examination Findings	-----
8		● Investigations	-----
9	*	● Diagnosis	-----
10		● Problem Definition	-----
11	*	● Medical Knowledge	-----
12		● Public Health Issues	-----
13	*	● Management	-----
14		● Procedural Skills	-----
15		● Ethical and Medico Legal Issues	-----
16		● Critical Appraisal Skills	-----
17		●	-----
			Frequently Not at all
18		● Prompting Required	-----

Key Features Clinical Case Rating Descriptions

2. Inter-professional Communication Skills

Rate the candidate on how well they communicate with other health professionals.

3. History taking

Rate the candidate on their ability to take a relevant and organised history; following appropriate cues and eliciting both positive and negative details important to the assessment and management of the patient.

4. Physical examination

Rate the candidate on their ability to perform an appropriate and systematic examination which is focussed and not overly inclusive. Specific findings relevant to the case should be elicited.

9. Diagnosis

Rate the candidate's ability to make an accurate diagnosis based on interpretation of the history, physical examination and investigations.

11. Medical Knowledge

Rate the candidate's medical knowledge of the physical, psychological and social issues involved in this question.

13. Management

Rate the candidate on their ability to manage the issues raised in this case, both now and in the future. Candidates should offer effective explanations, education and choices to patients, and involve the patient, family and relevant community resources in their immediate and on going management plans. Candidates should demonstrate responsibility for the immediate and ongoing management of the patient.

18. Prompting

To what extent was prompting/probing necessary to assist the candidate?

The 6 categories are: Almost continuously (cross on far left), very frequently, frequently, occasionally, minimally, not at all (cross on far right).

References and Study Notes:

List any useful references relevant to this case