



GPRA ONLINE EXAM RESOURCES CLINICAL CASES

CASE TYPE:

Short Case - 8 minutes

NAME:

Zoe Glasson

AUTHOR:

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SECTION A: This information is given to the candidate

INSTRUCTIONS TO CANDIDATES

- This is an 8 minute station.
- This consultation takes place in a single session.
- Take an appropriate history from the parent.
- When you are ready to examine the patient, the observing examiner will provide you with all the relevant findings
- Outline your initial management plan with the parent.

SECTION A: This information is given to the candidate

SCENARIO : Zoe Glasson is a 3 year old girl who has had been developing a red flaky rash

A copy of the patient record summary sheet is attached.

FULL SUMMARY

Patient Details

Name: ZOE Glasson

D.O.B.: (Age) 3 YO

Allergies: nil

Immunisations up to date

Past Medical History Urti's only

SECTION B: This information is given to the patient role player/examiner

THE STORY IN DETAIL

You are 3 yo Zoe's mother, Claire. She is your first child.

***Information to be freely given:* She has been developing a red rash on her arms legs and face over the last few months.**

***Information only to be given with appropriate enquiry from the candidate:* You've used moisturiser and zinc barrier cream on the rash, with no success. She has baths, usually with bubble bath in it. You use dove soap, baby shampoo, powder laundry detergent. All sorts of different fabrics for cloths, kids doona at night, you leave heater on in her room as she kicks the doona off. Dad remembers being told he had eczema as a kid. Both you and dad get hayfever.**

You've heard steroids are bad for you and need reassurance regarding this.
You're worried that it will scar, are worried she'll have it forever

NOTES TO EXAMINERS

Suggested Cues/prompts if candidate requires assistance:

use of creams, do you need to bath her more often, some clothes seem to flare it up, long term outcome

SECTION B: This information is given to the patient role player/examiner

PHYSICAL EXAMINATION

When examination is requested the photo below can be given to the candidate

This rash is present on Zoe's face and flexural areas.



SECTION C: This information is given to the examiner/facilitator

Listed below are the key issues to be covered in this case. *(The facilitator/examiner can “tick” these as covered during the consult)*

Specific Questions Candidate should ask

Rash history – where, onset, aggravating, what already used

Atopy history – personal and

Use of soap, etc

Diagnosis

Eczema

Appropriate management and explanation:

Address

1. Initial treatment – steroids, explanation of use
2. Initial and ongoing Skin care - emollients, avoid soap/irritant, water, heat, material etc
3. Mother’s fears

This checklist below is a guide to Key Features used by Examiners to assist in clinical case ratings. The lists are not intended to be prescriptive or exhaustive and do not form part of the marking. *(Please place an asterisk next to the Clinical Case Rating Key Features that are most relevant to this case).*

On completion of the case, the candidate/examiner/group may wish to score themselves as part of a feedback process.

Place a cross (X) along each line according to the candidate's performance on that item.

CLINICAL CASE RATINGS KEY FEATURES CHECKLIST

| (*) key feature relevant to this case | Inadequately Covered Well | Covered |
|---|---------------------------|---------|
| | 1 | 10 |
| 1 * ● Communication and Rapport | ----- | |
| 2 ● Inter-professional Communication Skills | ----- | |
| 3 ● History taking | ----- | |
| 4 ● Physical examination | ----- | |
| 5 * ● History and Physical Examination | ----- | |
| 6 ● Physical Examination Technique | ----- | |
| 7 ● Physical Examination Findings | ----- | |
| 8 ● Investigations | ----- | |
| 9 * ● Diagnosis | ----- | |
| 10 ● Problem Definition | ----- | |
| 11 * ● Medical Knowledge | ----- | |
| 12 ● Public Health Issues | ----- | |

13

*

- Management

14

- Procedural Skills

15

- Ethical and Medico Legal Issues

16

- Critical Appraisal Skills

17

-

Frequently

Not at all

18

- Prompting Required

Key Features Clinical Case Rating Descriptions

Remove those not used

1. Communication and Rapport

Rate the candidate on their ability to establish rapport and to communicate effectively with the patient in a pleasant, clear and logical manner using appropriate communication skills and language.

5. History and Physical Examination

Rate the candidate on their ability to take a relevant and organised history; following appropriate cues and eliciting details important to the assessment and management of the patient. Also rate the candidate on their ability to perform an appropriate and systematic examination which is focussed and not overly inclusive.

9. Diagnosis

Rate the candidate's ability to make an accurate diagnosis based on interpretation of the history, physical examination and investigations.

11. Medical Knowledge

Rate the candidate's medical knowledge of the physical, psychological and social issues involved in this question.

13. Management

Rate the candidate on their ability to manage the issues raised in this case, both now and in the future. Candidates should offer effective explanations, education and choices to patients, and involve the patient, family and relevant community resources in their immediate and on going management plans. Candidates should demonstrate responsibility for the immediate and ongoing management of the patient.

18. Prompting

To what extent was prompting/probing necessary to assist the candidate?

The 6 categories are: Almost continuously (cross on far left), very frequently, frequently, occasionally, minimally, not at all (cross on far right).

References and Study Notes:

www.dermnet.com

Murtagh

Color Atlas and synopsis of Dermatology. By Fitzpatrick et al.